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Hello!

We are excited to TARGet Kidneys community,

Welcome to the November issue of our TARGet Kidneys newsletter. We are very into the fall season and looking forward to all the activities, changes and events. In this issue, we have a lot of updates, news and upcoming events.

Here's what you will find in this and each newsletter:

Welcome - the 3 get updates message from us or another team member every issue.

TG Spotlight - a welcome, profile, or shout out to team members.

TG Updates - updates on our clinic and TG operations.

A look at our Research - updates, results and details on upcoming studies.

PACT Corner - updates and feedback from our valued Patient and Clinician Team (PACT) members.

Tips and Tricks - listing and links for grant opportunities, funding sources, upcoming conferences, scholarships and more.

Shout Outs - publications, announcements, and any other recognitions TG members want to share.

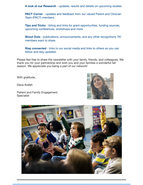
Stay connected - how to use social media and links to where you can follow and stay updated.

Please feel free to share this newsletter with your family, friends, and colleagues. We are always looking for new members to join our team and participate in our research. We appreciate you being a part of our network!

With gratitude,

Dana Ansari

Patient and Family Engagement Specialist



Team Member Spotlight

We have so many wonderful TG staff who do so interesting things. This section will give us a chance to get to know our team members better and learn about what they do and why they passed TG over the past months. Read more about Rami, Mira, Farooqa, Ashley, and Kathryn.

Welcome to the TARGet Kidz family!

Rami Ansari is a Clinical Research Coordinator for the Kidney Transplant Service in Juravinski Hospital. Rami's CV includes a Bachelor of Science in Clinical Research in pandemics and Bachelor's Under TARGet and has a number hours.

Iulia Blasco is a co-op student at the University of Toronto Mississauga. She is in her third year of the Biomedical Science program of the Paracelsus Health Scholars Program and is interested in a career in Medicine. Iulia's CV includes a Bachelor's Under TARGet and has a number of hours. Student at one of our clinic sites.

Hongying Kang currently pursuing her bachelor's in Psychology at the University of Toronto Mississauga. Her research interests lie with the impact of screen time on children's development, running our social media platforms, and developing virtual mental health resources.

Tony Elizabeth Sanchelarios Fontana is a Research Assistant in the Kidney Transplant Service. She is a graduate of Hon. BSc. Biomedical Sciences and Hon. BSc. Kinesiology and has a Bachelor's Under TARGet and has a number of hours. Tony's CV includes a Bachelor's degree and a Bachelor's Under TARGet and has a number of hours. Tony's CV includes a Bachelor's degree and a Bachelor's Under TARGet and has a number of hours. Tony's CV includes a Bachelor's degree and a Bachelor's Under TARGet and has a number of hours. Student at one of our clinic sites.

Tiffany Brandon is a Clinical Research Project Assistant with TG and a master student in Medical Science. Her research focuses graduated from TG. Tiffany's CV includes a Bachelor's degree and a Bachelor's Under TARGet and has a number of hours. Student at one of our clinic sites. TG team to contribute in this area.

TARGet Kidd Updates

In this section, we will share information, updates, or requests for input on our current study operations. This could be anything process changes or updates to information important to you. Take a look at what is in some below!

TARGet Kidz New Questionnaires

We continue to work towards an version of our health-related questionnaires. We are working closer to the end of the year to have a version we can use, we are trying to launch these new questionnaires.

Scanned from the TRF story board

Look out for the TRF story coming in a TRF video near you soon!

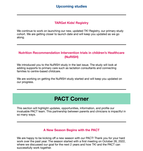
A Look at Our Research

In this section we will highlight what we are current and upcoming research. We will not be able to cover everything in each issue, but we hope covering our current research will provide a snapshot into what we are doing and provide some insights into our research.

Ongoing studies

TARGet Kidd Early Development Instrument (EDI) data collection (formerly FS for School, FS for Life)

Our team has developed a tool which allows for the EDI to collate a number of children's levels to tell the TG team. This tool will be used to provide a report to families and clinicians to support their beginning to end. The tools is child friendly, kid-centered illustrations and easy to understand language.



Screen from the TRF story board

Look out for the TRF story coming in a TRF video near you soon!

Upcoming studies

TARGet Kidd Registry

We continue to work on launching our new, updated TARGet Registry, our primary study portal. We are getting closer to launch date and will keep you updated as we get closer.

Nutrition Recommendation Intervention trials in children's Healthcare (NuRIHC)

We introduced you to the NuRIHC study in the last issue. The study will look at adding supports to primary care such as dietitian consultants and connecting families to community resources.

We are working on getting the NuRIHC study started and will keep you updated on our progress.

PACT Corner

This section will highlight upcoming opportunities, information, and profiles our invaluable PACT team. This partnership between parents and clinicians is impactful in so many ways.

A New Season Begins with the PACT

We are happy to welcoming all a new season with our PACT. Thank you to our team members who have joined us in the past few months and those who have been with us for a while. We are so grateful for the work it takes and fully TG and our PACT. Let's continue to work together!

Goal: to foster patient and family centered research in TARGet Kidd by actively engaging patients and families throughout the research process.

One of the main activities and responsibilities of the PACT is to actively review research proposals and provide feedback to the Research Advisory Committee (RAC) the research process including:

- identification of research priorities
- development of research questions
- grant proposal development
- study design and methodology
- recruitment and retention

Membership on the PACT is for a 2 year term with the possibility of renewal. You must attend at least 2 meetings per year and take part in at least 1 other activity (such as a research project, grant review, or other activity) per year.

We are inviting parents of children in TG to join the PACT. You can find more information on the PACT including the Terms of Reference on our website at www.targetkidney.com/research. If you have questions, please reach out to us at targetkidd.ca@mcmaster.ca.

PACT Involvement with TRC

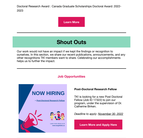
Seven TG members of the PACT and 10 children gave us some valuable feedback on our study design, developed resources, the TRF story board, Tone of the feedback included:

- Name our TRF kid a Gender Neutral
- Make the questionnaires shorter, it was clear that TRF is an ongoing study
- Create handouts or other ways of TRF to be easily shared with and have learned more for different audiences

Thank you for your feedback. We've heard you and are looking to see what we can do to make this happen.

For the next stage of the study tools, we need your help. We want to create a mosaic of little hearts to join the heart. If you want your child to help:

- Send your child an order of craft paper or a paper plate
- Have your child draw a heart
- Send a photo/video of your child with their hands wide open
- Make a heart out of pieces of paper
- Make a heart out of craft paper or a paper plate
- Email a picture and send it to us by email at targetkidd.ca@mcmaster.com



TARGet Kidd Social

We had a wonderful time gathering at Whatcott's Apple Farm on Saturday, September 24th. It was fun to see our TARGet Kidz, their families, and our clinicians, and TG staff in an informal setting. We had a great conversation, crafts, and ate lots of apple pie!

Interested in becoming a PACT member? Contact us at targetkidd.ca@mcmaster.com

Tips and Tricks

In this section we will share tips and tricks we have learned or tips and tricks that have helped us in our work. This could include funding sources, upcoming conferences, scholarships, or other opportunities we think our team would like to know about. Take a look at some tips and tricks we have found.

TCPS 2 CORE

TCPS 2: CORE (TCPS2 Course on Research Ethics) has been updated. Feel free to update your training and certificate.

Login to CORE

Funding Opportunities

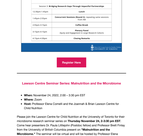
Doctoral Research Award - Canada Graduate Scholarships Doctoral Award 2023-2025

Learn More

Shout Outs

Our team would not have an impact if we had no findings or recognition or awards. In this section, we share our recent publications, announcements, and any other recognitions our team members want to share. Celebrating our accomplishments helps us to further the impact.

Job Opportunities



Upcoming Events

TG Science Meeting

Christian Imrie-Wright
Chief Investigator

TARGet Kidd is excited to be hosting Professor Christian Imrie-Wright at our Science Meeting on **November 17, 2022, from 12:00 - 1:00 pm EST**. Christian is a Pediatric Nephrologist and a Clinical Research Fellow at the Hospital for Sick Children in Toronto. He will talk to Kidney, Rich as research is ongoing, and will be joined by Dr. Rulan Parekh, Dr. Dana Bonnett and Dr. Jonathan Lewis. **Bonus Bonnett and Jonathan Lewis** will be joining the Hot Chocolate group on June 2022.

Evidence from RIB indicates that inflammation, oxidative stress, and mitochondrial problems play a key role in impairments in clinical practice and quality of life. Pediatric Nephrologists, Dr. Christian Imrie-Wright and Dr. Rulan Parekh, will discuss the role of inflammation in CKD.

Click here for more information on Professor Wright and the panel and join us at targetkidd.ca/events/events-1 if you would like to attend the presentation at the Science Meeting, virtually or in person.

Read More

1st Annual Lenny Centre Symposium

The Ontario SickKids Lenny Centre for Children's Kidney Disease is pleased to invite you to their 1st Annual Lenny Centre Symposium. The theme of the Symposium is **"Kidney Health and Post-Transplant Recovery"**. It is to take place on November 18, 2022 at the Hotel Ocean Lounge Bar Restaurant and Lounge.

Dr. Rulan Parekh, Chief Scientist at the Hospital for Sick Children, Toronto, is a member of the Ontario Kidney Network, Executive Director of the Kidney Health Research Collaborative, Lenny Tenuta, and a professor of Medicine at University of Toronto. Dr. Parekh's research focuses on the epidemiology of kidney disease in children, the impact of kidney disease on children's development, and the impact of Indigenous Kidney Health on children's health.

Dr. Parekh will reflect on the best ways forward for children and their families in an age of COVID. Focused presentations by Dr. Parekh's Research Team will follow.

To register and for more information, please visit the conference website here.

Lenny Centre
Lenny Centre Symposium
Kidney Health and Post-Transplant Recovery
Registration and Breakfast
Welcome to the day
Dr. Rulan Parekh
Chief Scientist, Hospital for Sick Children
Chair: Dr. Rulan Parekh
Dr. Rulan Parekh
Dr. Rulan Parekh

Read More

Stay Connected

In this section, you will find links to our social media platforms, and any updates or specific ways or opportunities to get involved with our communications networks. TK! is now on:

Have a story, a comment, experience or blog post idea, you want to share with us for our social media platforms? Please let us know by emailing us at targetkids.study@sickids.ca. Be sure to include "Comms" in your subject line.

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